

IMPACT! e-bulletin



April 29, 2025

District Governor Sue Krahe-Archibald

May is Rotary Youth Service Month

By Sue Archibald



May is Youth Service Month, a time when Rotary celebrates the power of young people to lead positive change. Through programs like Interact, Rotaract, RYLA, and Youth Exchange, Rotary empowers youth with leadership skills, global connections, and opportunities to serve their communities.

This month, Rotary clubs are encouraged to:

- Highlight and support youth-led service projects
- Partner with schools and youth groups
- Promote mentorship and leadership programs
- Celebrate the achievements of young leaders

Rotary believes in investing in the next generation—because they're not just our future, they're our present. Let's inspire and support youth as they shape a better world. In our District, we are constantly exploring ways to enhance our impact through programs and projects that focus on our community's young people. As I've traveled to clubs throughout the year, it's clear just how committed we are to this mission.

From **Rotary Interact**, **Rotaract**, **RYLA**, and **Youth Exchange**, to an incredible variety of local initiatives—Dictionary Projects, Scholarship Awards, Book Drives, Character and Reading Programs, Career Fairs, Teacher Grants, Mentoring Opportunities, and more—our clubs are making a real difference. Together, we're helping young people grow, lead, and thrive—and that's something to be proud of.

The **Maricopa Rotary Club** has actively engaged elementary school students in the community through various educational and philanthropic initiatives, fostering a connection to the city's rich railroad heritage and broader learning opportunities. One of their service projects has been providing 10 fourth graders with the opportunity to build their own miniature railroad display (pictured here).



TRF Weekly Message: What Kinds of Rotary Foundation Service Awards Exist?

Rotary members use their skills, time, and talent to support our programs. These awards are some of the ways that we can recognize people's contributions:

- The **Rotary Foundation District Service Award** honors members at the district level who are making a difference through the Foundation's programs. It's awarded by the district governor.
- The **Rotary Foundation Citation for Meritorious Service** honors one member from each district each year who has been actively involved in service related to the Foundation.
- The **Rotary Foundation Distinguished Service Award** is the Foundation's highest service award and recognizes exemplary service that extends beyond the district level and is sustained for a long period.

Help nominate a worthy Rotary member for one of these awards today!

Join the District 5500 Rotary Action Group on Mental Health!



The mission of the District Mental Health Action Group is to break stigma, raise awareness, and provide support to Rotarians, families and friends. The Action Group offers speakers for club programs, outreach and project ideas for members and clubs.

We meet via Zoom on the 3rd Tuesday of every month from 5:30–6:30 p.m. If interested, please contact jamal@lpknc.org.

A Quick Tip for Supporting Young People in Need

Mental health is something we all have, but rarely talk about or practice when it comes to keeping the mind healthy. In fact, mental health refers to a person's emotional, psychological, and social well-being. It affects how individuals think, feel, and act, as well as how they handle stress, relate to others, and make choices. Good mental health allows people to cope with the normal stresses of life, work productively, and contribute to their communities. Mental health is important at every stage of life, from childhood through adulthood.

Unfortunately, our youth—your kids if they are between the ages of 9 and 17, and your grandchildren—are having a tough time managing everyday challenges and stress. Anxiety, depression, and even suicide have all increased among young people. In fact, nearly 1 in 3 high school students report feeling sad or hopeless almost every day for two weeks or more, and suicide is now the second leading cause of death among youth ages 10–14. The U.S. Surgeon General has declared youth mental health a national crisis.

The good news is there are strategies we can use to support our young people. Here are two things you can do right now:

1. **Listen without judgment.** Sometimes just being present and letting a young person express themselves can help them feel seen and supported.
2. **Normalize talking about emotions.** Make mental health a regular topic in your home or classroom—just like we talk about physical health, we should talk about how we feel emotionally.

When adults create safe spaces for young people to open up, it can make a real difference in how they cope, grow, and thrive.

The other step you can take is by participating in the District 5500 Mental Health Action Committee. We meet on the 3rd Tuesday of every month from 5:30–6:30 virtually. If interested please contact jamal@lpknc.org.

by Jamal Givens, M.Ed

ShelterBox Webinar for Rotarians

Wednesday, April 30 • 9:00 a.m.

All club members are invited to **All Hands Rotary Roundup: Don't Wait Until Disaster Strikes**, a very special ShelterBox USA webinar on Wednesday April 30, 2025 at 9:00 am Pacific (noon Eastern).

Registration is required. [Click here](#) to register.

This webinar will bring together Rotary members, ShelterBox supporters and Rotary District leaders to learn about our ongoing efforts to deliver emergency shelter and supplies to families devastated by disasters. Take away key insights so your club can be better prepared before a disaster strikes in your community.



ShelterBox

Rotary



During this event, you will:

- Get updates on the latest ShelterBox responses from ShelterBox USA President Kerri Murray.
- Gain insights from a panel discussion with Rotarians who played key roles in the North Carolina and LA Rotary responses. Panelists include RI Director Zone 33-34 Patrick Eackes, DGE D7670 Western North Carolina Coronel (Ret.) Alex Portelli, DG D5280 Los Angeles County Albert Hernandez, and Altadena Rotary Club D5300 member Rene Amy.
- Learn how you and your Rotary club and District can take an active role in our mission.

Don't miss this opportunity to be part of a global network making a tangible difference in the lives of countless families.

We hope to see you on Wednesday, April 30th (9AM PT- Noon ET)
Reserve your spot today.

Together, we can ensure no one is left without shelter after disaster.

2024/25 Rotary District 5500 Awards Nominations

Nomination Deadline: Thursday, May 15

Get ready to celebrate excellence, innovation, and Rotary spirit with the 2024/25 District Awards.

We're looking for nominations in a wide range of categories, from innovative club projects and promotional campaigns, to enthusiastic handshakers, social butterflies and more.

Awards will be announced during the District Governor installation ceremony on June 7th. But you can start submitting your nominations now. Just [click here](#) or on the image at right to download a fillable form, and send the completed form to Kasia Yuska at kasiarotary@gmail.com.

Multiple entries are ok.




2024/25 Rotary District 5500 Awards Nomination Form

Rotary

District 5500





Celebrating Excellence, Innovation, and Rotary Spirit

Nominee Information

Nominee Name or Club Name:

Position/Role (if applicable):

Email / Contact Info:

Select Award Category (Check one per nomination)

Formal Club Awards

☐ Membership Growth Award – Best Creative Member Recruitment Event

☐ Public Image & Marketing Award – Best promotional campaigns

☐ Best Youth Engagement Award – Outstanding Interact/Rotaract involvement

☐ Innovation in Service Award – Unique and creative club projects

☐ Collaboration & Partnership Award – Successful joint efforts

☐ Best Fundraising Event Award – Most successful & innovative fundraiser

Fun & Lighthearted Individual Awards

☐ The Energizer Rotarian Award – Never runs out of energy

☐ The Super Recruiter Award – Brings in the most members

☐ The Social Butterfly Award – Most active networker

☐ Most Enthusiastic Handshaker Award – Firmest handshake in the club

☐ The “Walking Billboard” Award – Always in Rotary gear

☐ The “Selfie King/Queen” Award – Most Rotary event selfies


District Governor Installation

SAVE THE DATE!
Saturday, June 7 • 11:30am

For more info and to register for the event, please [click here](#).

SAVE the DATE

June 7th



Rotary

District 5500





Bruce Monro District Governor Installation

Saturday, June 7th, 11:30 am

Arizona Sands Club - Dunlap Room,
U of Arizona Football Stadium

REGISTER





District Training Assembly

All club officers for the upcoming Rotary year are invited to attend the District Assembly Trainings. These in-person trainings offer a great opportunity to meet other Rotarians and build confidence as a leader.

DISTRICT TRAINING ASSEMBLY

Rotary
District 5500



With Bruce Monro

District Governor

Make a Difference
Make a Friend

- Sierra Vista May 17
- Pinal County July 12
- Tucson July 19
- Yuma July 26

8:00am-2:00pm
Breakfast & Lunch Served
No Charge

UNITE
FOR
GOOD

WHO SHOULD

ATTEND:

- Presidents & Presidents-Elect
- Secretaries
- Membership Chairs
- Grants Management Certification
- Public Image
- Foundation
- Networking
- Assistant Governors
- Treasurers
- Public Image Chairs
- Membership
- Youth Protection
- Governance Training

WHAT TO

EXPECT:



All Rotarians



Join us for the annual District Training Assembly. Come learn more about the 2025-26 Rotary club year. Engage and share ideas as you learn about best practices, tips and tools with Rotarians across southern Arizona.

Location specifics
available when registering



rotaryd5500.org

RSVP NOW

Use QR code or visit
rotaryd5500.org/district assembly



2025 District Conference of Rotarians and Friends

SAVE THESE DATES: September 26-27, 2025

It's not too early to start planning for District 5500's biggest event of the year. The 2025 District Conference of Rotarians and Friends will be held at the wonderful Tubac Golf Resort & Spa.

Make your room reservations early! Call 1-800-848-7893 and mention group code ROTA25.

Now Accepting Reservations

1-800-848-7893, group code is ROTA25



Inspiration

Fun

Great Food

Golf

Shopping

Tubac!

Save the Date!

2025 District Conference of Rotarians and Friends

September 26-27

Tubac Golf Resort & Spa



Save the Date! Mexico - USA Friendship Conference in Yuma

October 31 - November 3, 2025

Registration opens July 1

Mark your calendar for this year's Mexico-USA Friendship Conference and Global Grants Exchange in Downtown Yuma, Arizona. Watch for more information to come and registration opening July 1.



Camp Lawton Cleanup Project

Saturday, May 3 • 9am - 3pm

Camp Lawton is the oldest Scout camp in the country. It's a beautiful spot in the Catalinas that's served generations of kids and families—and it needs a little care. So on **Saturday, May 3rd** from **9AM to 3PM**, we're showing up to clean, fix, and restore what we can.

Some amazing people from Rotary will be there, along with Scouts and members of the community. If you've ever wanted to be part of something bigger than yourself, this is one of those days.

Here's the link to sign up: <https://scoutingevent.com/011-RotaryDay2025>

Or you can call the Scout Office at 520-750-0385, or call/text John Harned at 520-675-1240...someone will get you squared away.

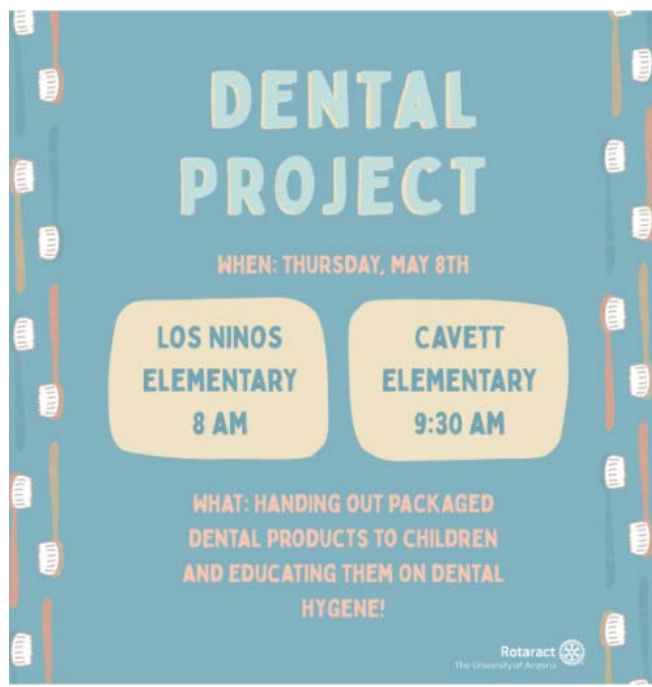


UA Rotaract - Dental Project

Annual Dental Project

Thursday, May 8th 8-10 am

[Sign up here](#)



Oracle Road Cleanup Project

Saturday, May 10 • 8:15 a.m.

Rotary Club of Tucson is hosting a road cleanup project. Come join the fun!

Everyone will gather at **Fiesta Lanes, 501 W. River Road**, at 8:15 a.m. to clean up Oracle Road between Wetmore and River Road.

The city has installed the RCOT recognition sign on a light pole on N. Oracle. The city will be joining us for a photo opportunity.

Bring gloves, a hat, sunscreen, and water. Please wear closed-toe shoes, and you must be 18 or older.

The club will provide some additional refreshments.

Email Lee Olitzky at Lee@WIT2Tucson.com if you plan to participate, or if you have questions or concerns.

The morning is a great time to be out participating in this community service project.



Yuma River Cleanup

Saturday, May 17 • Check-in at 8am; start at 8:30am

[Click here](#) for more information.



Rotary Clubs of Yuma County

River Clean-Up

We are looking for volunteers to help clean up the Colorado River. There will be several areas along the river to be cleaned up.

Saturday, May 17th 2025

Check-in 8:00 AM
Start from 08.30 AM

Sign-up through Club Runner
Supplies will be provided!

Recommend wearing tennis shoes.

Visit our website for more information
www.facebook.com/friendsofthelowercolorado



Rotary *PEOPLE of ACTION*

Dinner and Justice

Saturday, May 17 • 5-9pm

Mountain Empire Rotary is hosting a special dinner and exclusive screening of "Tombstone" with acclaimed producer Bob Misiorowski. [Click here](#) for tickets and details.

Spring is in full swing, and fresh Rotary energy is in the air. Use your club communications to help spread the word about the great work Rotarians do. These graphics will help you get the right messages out there. Just download and save them, then use in your social media posts, newsletters and more.

ADOPT
A PROJECT,
DON'T JUST
DO A
PROJECT.

Doing a project is temporary.
Adopting a project
is a commitment.

Rotary

WHO WE ARE

We are people of action, motivated to improve our communities by making a direct and lasting impact through service.

We are problem-solvers, working together to find solutions to global challenges.

We promote integrity through our fellowship of business, professional, and local leaders.

Together we transform communities, ourselves, and the future of Rotary in many ways.

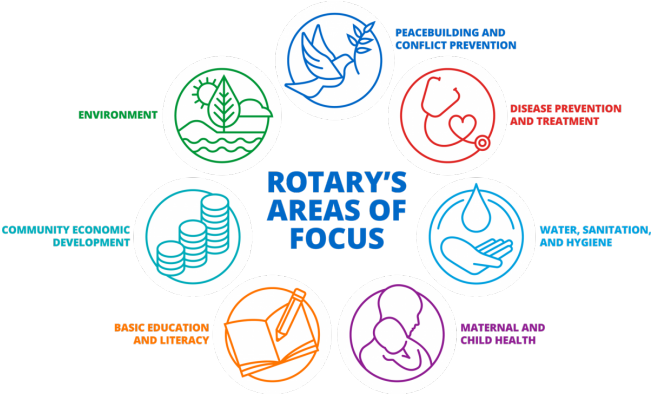
Rotarian

COMMUNITY SERVICE



"Happiness doesn't result from what we get, but from what we give"

Rotary
PEOPLE OF ACTION



Share Your Club's News!

Would you like to publish your club's upcoming events, projects or fundraisers in **IMPACT?**

Fill out [this form](#) with your information and send it to kasjarotary@gmail.com by Friday for the following week's newsletter. Include your photo or graphic as a separate attachment as a jpg or png file.

PLUS...SHOWCASE YOUR PAST PROJECTS & FUNDRAISERS! We'll feature them in our **Rotary in Action Quarterly**. Use [this form](#) and send it to kasjarotary@gmail.com. *Don't forget to include photos -- the more the merrier!*

